

2008 Youth Cup Information
Friday 5th September – Sunday 7th September, Kawana Waters, Queensland

Each year a National youth development regatta is held with teams competing from the Australian States and Territories, along with two teams from New Zealand. A team of 10 boys and 10 girls from each State compete in the regatta in a variety of different boat types over 3 days. Points are awarded according to finish positions with each team competing for the overall prize of the Rusty Robinson Trophy.

The regatta events are outlined in the table below. As you can see the events start in small boats then the team members combine to row a variety of bigger boats over the next two days.

Day 1	Day 2	Day 3
HW 2-	Row in 4-	Row in 8+
HW 2-		
LW2x		
HW 1x	Row in 4x	
HW 1x		
LW 1x (reserve)	Rows in mixed 2x	Rows in mixed 4x

To be eligible for Youth Cup you must be ***under the age of 21 as of the 31st December 2008.*** As this is a development regatta we aim to take young rowers who are showing potential from clubs and schools around Tasmania. Overall the team consists of 18 rowers, 2 coxswains, 3-coaches/team manager.

To be part of the team (as an athlete or coach) you will need to agree to certain training commitments and attend a series of camps at Lake Barrington during the winter months. We have had a good history of results from this competition and hope to continue this by maximising the opportunity during winter to develop squads for this competition. The cost of the trip is approximately \$400-500 per person (after a generous TRC subsidy is applied) this includes flights, accommodation, food, transport, boat hire and uniform. The series of camps held over the winter will cost approximately \$50 per camp - again subsidised by the funding from the TRC and Hydro Tasmania. This includes 2 night's accommodation, 6 meals and coaching from TIS and State team coaches.



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The timetable for the 2008 Youth Cup team is as follows:

May	winter training begins for Club rowers
May 31 st June 1 st	6km ergo test, rate @ 24, witnessed by an accredited coach. Results emailed to webber@netspace.net.au
June 13 th – 15 th	1 st Development Camp, Lake Barrington (Open Camp)
June 20th	<i>Nominations Close, 2km ergo PB time to be included</i>
June 28 th , 29 th	6km ergo Test, rate @ 24, witnessed by an accredited coach. <i>Results emailed to webber@netspace.net.au</i>
July 4 th - July 6 th	2 nd Development Camp, Lake Barrington (Youth Cup Squads to be formed)
July 25 th - 27 th	3 rd Development Camp, Lake Barrington (Youth Cup crews to be selected)
August 29 th – 31 st	4 th Development Camp, Lake Barrington (Youth Cup team, boat loading)
September 3 rd	Team Departs (TBC)
September 5 th – 7 th	<i>YOUTH CUP</i> , team returns Sunday 7 th September.

All nominees wanting to be considered for selection in the 2008 Tasmanian State Team must:

- Submit a nomination form by 20th June 2008
- Be a current registered member of the Tasmanian Rowing Council
- Be available for selection and training activities as required by the selectors and/or coaches appointed to the squads/crews
- Have read and adhere to the TRC State Representation Code (*available on the SDO page of TRC website*)



2008 Tasmanian Youth Cup Team Nomination Form

Name: _____

Address: _____

City: _____ Postcode: _____

Home telephone: _____ Mobile: _____

Email: _____

Date of Birth: _____ Age: _____

Contact Name and number in Case of Emergency: _____

Nominating as:

Sweep Coxswain
 Sculler Lightweight (Current weight: _____)

Coach NCAS Accreditation level & number: _____

Best 2km ergo score (include date and weight at time of test):

Please detail any medical conditions or information that coaches / team manager should be aware of (eg. Epilepsy, asthma, diabetes, injuries etc):

Zootie size:

T-shirt Size:

<i>Men</i>	<i>XL</i>	<i>L</i>	<i>M</i>	<i>S</i>	<i>XS</i>	<i>Men</i>	<i>XL</i>	<i>L</i>	<i>M</i>	<i>S</i>	<i>XS</i>
<i>Women</i>	<i>XL</i>	<i>L</i>	<i>M</i>	<i>S</i>	<i>XS</i>	<i>Women</i>	<i>16</i>	<i>14</i>	<i>12</i>	<i>10</i>	<i>8</i>

I declare that the information stated on this form is true and correct and that I have read the TRC State Representation Code and Code of Conduct and agree to uphold the principles contained therein.

Signed:

Print Name:



Paul Webberley
 Relieving State Development Officer Rowing
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TASMANIAN ROWING
Council Inc



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PLEASE RETURN TO PAUL WEBBERLEY BY 10TH JUNE 2008



Sport and Recreation Tasmania
Department of Economic Development

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